

FORGET SOMETHING?

Your LivingWell Promise is due July 1

Get your biometric screening and you'll have a better understanding of your current health status, including blood pressure, BMI, cholesterol, and blood sugar levels. Or take the online Health Assessment and you'll receive your Go365 Age and a personalized plan to be the healthiest you possible. For more information including biometric screening locations, visit

LivingWell.ky.gov.



Wondering if you've completed your 2018 LivingWell Promise?

Click [here](#) and log in to check your achievement dashboard to confirm.

Having issues logging into your Go365 account? Check out [this link](#) with helpful tips.

Questions? Contact Go365 at 855.478.1623.

If you have completed your LivingWell Promise, please disregard this message.



Questions?
[Contact Us](#)

This mailbox is not monitored for responses.

You may not unsubscribe from receiving electronic communications about an ongoing transaction or relationship, including communications related to employee benefits such as Kentucky Employees' Health Plan bulletins or other notifications.